

**PROFILE
OF
AMAL FOUNDATION**



Amal
Foundation



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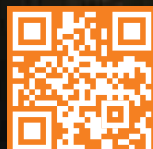


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AT A GLANCE



3.5K+
Women Skill
Trained



7.6K+
Children Elementary
Educated



2.1M+
Reach In
Emergency
Relief



121K+
Reach On
Health Campaigns



43K+
Youth
Skill Development
Training

IN A NUTSHELL

Hope is a powerful ally and a key driver of success, as those who harbor strong hopes possess the ability to perform miracles. Hope is indispensable in all circumstances, providing comfort and resilience in the face of poverty, illness, or captivity. Amal Foundation, a renowned NGO in Bangladesh, has become a symbol of hope for disadvantaged and vulnerable communities across the country. The organization's name is derived from an Arabic term that means hope, reflecting the central importance of kindling that spark of hope in the hearts of those it serves.

Since its establishment in 2014, Amal has undertaken diverse initiatives, such as assisting marginalized communities residing on remote riverine islands in the North, establishing community health centres, building schools, extending aid in the form of food, clothing, and shelter to Rohingya refugees, and establishing women's skill development centers. The organization has grown rapidly since its inception, attracting hundreds of members and supporters from around the globe.

Our aim is to create a country where all children have access to education, all women are empowered, and everyone can receive adequate healthcare while promoting environmental sustainability for future generations and mitigating the impact of emergency crises. Additionally, our goal is to promote the prosperity and well-being of all individuals.



PROFILE OF THE FOUNDER & DIRECTOR



Amal Foundation is directed by Esrat Karim Eve, who also established the organization. She has advocated for revolutionary reform and women's equality as well as women's empowerment. For her philanthropic work, she was chosen as one of the Forbes 30 under 30 in 2020 (Asia) and also got featured in the Forbes Power Womens' Summit in 2022.

Ms. Esrat Karim began her quest to make a difference with Amal Foundation in 2014 with the hope of creating a world where everyone lives a happy, healthy existence. She graduated from the University of Dhaka with a degree in Finance and went on to get a Master of Social Entrepreneurship from the University of Colorado in the United States.

Focusing on education, emergency, empowerment, and health, her areas of interest include gender equality, children's rights, refugee rights, social business, and youth leadership. Her goal is to make Bangladesh a healthy and happy place for all of the poor children and women. She is one of the young social entrepreneurs who have been honoured by Youth Icon 2018, YSSE Social Impact Award, GITA Global Award, Jolkona Catalyst Fellowship, an exchange program run by the US embassy in Seattle, SPARK* International, and as a Watson University Scholar.

TO THE AUDIENCE: A MESSAGE FROM THE DIRECTOR



Having helped underprivileged and disenfranchised groups by forming partnerships with those communities and benefactors, Amal looks back on 2022 with pride. Our long-term goal is to be widely known for the effectiveness of our humanitarian and development projects in helping the world's most disadvantaged individuals and communities. As far as we are able, we hope to extend our aid to as many underprivileged neighborhoods as possible. Better involvement with women, children, and young people, skill development initiatives, climate change, emergency food aid, and campaigns for underprivileged and disadvantaged people are all worthy of consideration.

Finally, we consider our employees to be the company's greatest asset. We want Amal to be a place where everyone, from our community volunteers to our full-time workers, is making a positive impact on the world around them. We believe in creating a work environment where everyone may flourish, and we do it by upholding Amal's key values of originality, teamwork, honesty, aspiration, and responsibility.





OUR VISION

A world where marginalised communities are empowered and living in sustainable climatic conditions.

OUR MISSION

Our mission is to uplift marginalized communities by providing them with access to education, healthcare, responsive emergency support, nurturing entrepreneurship, honing essential skills, and fostering positive climate action initiatives within their unique environments.

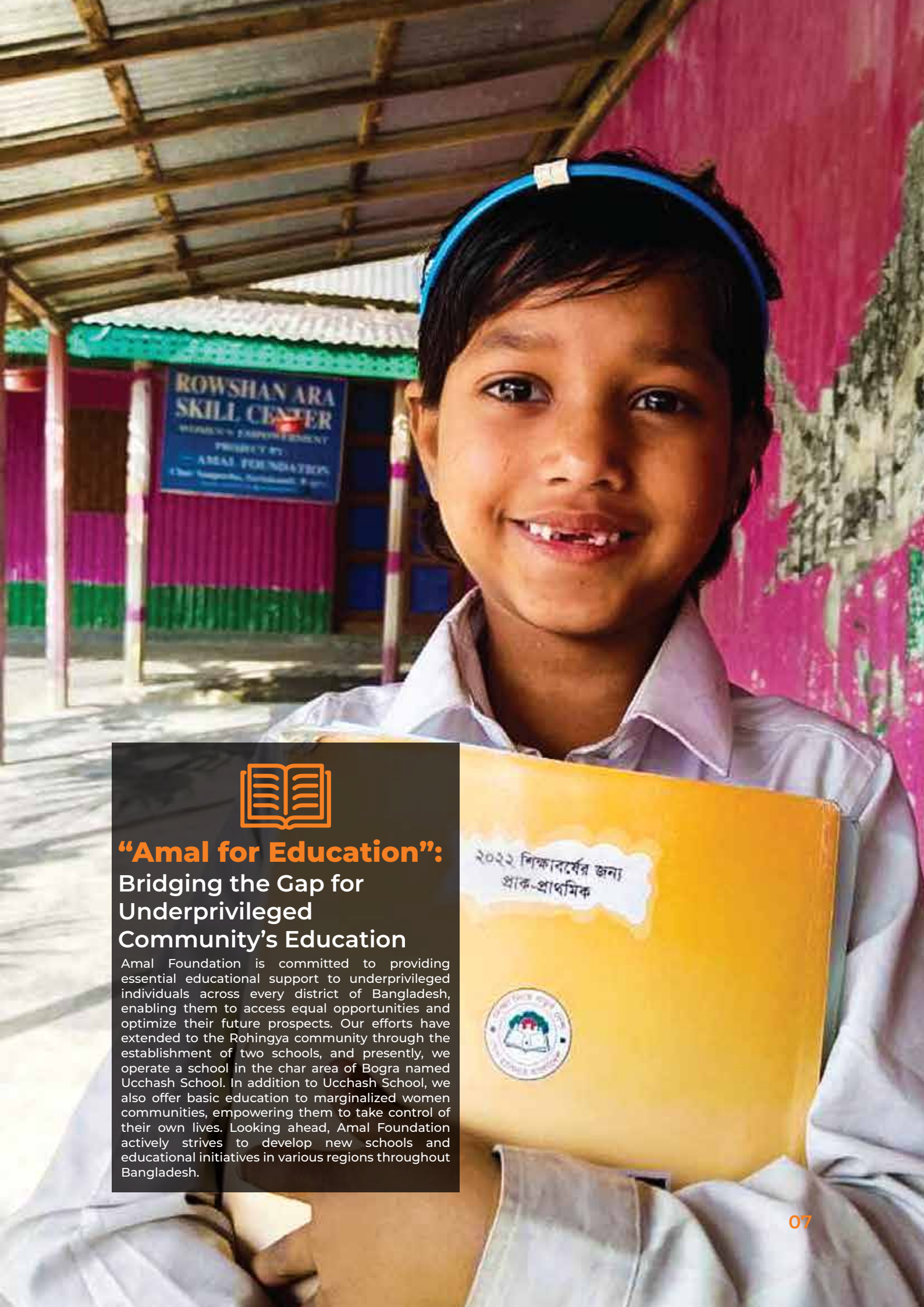


OUR GOAL

- ▶ Subsidies for Employment
- ▶ Programs for Developing Skills
- ▶ Programs for Seed Funding
- ▶ Ecosystems for Entrepreneurs
- ▶ Growth that is Inclusive and Sustainable

MAIN AREA OF FOCUS

- ▶ Education
- ▶ Empowerment
- ▶ Health
- ▶ Emergency Response
- ▶ Environment



“Amal for Education”: Bridging the Gap for Underprivileged Community’s Education

Amal Foundation is committed to providing essential educational support to underprivileged individuals across every district of Bangladesh, enabling them to access equal opportunities and optimize their future prospects. Our efforts have extended to the Rohingya community through the establishment of two schools, and presently, we operate a school in the char area of Bogra named Ucchash School. In addition to Ucchash School, we also offer basic education to marginalized women communities, empowering them to take control of their own lives. Looking ahead, Amal Foundation actively strives to develop new schools and educational initiatives in various regions throughout Bangladesh.



Ongoing Projects

“Ucchash School”:

Enriching the Lives of Underprivileged Children Through Education

It is the right of every child to receive an education. However, it becomes a dream to some people to go to school and receive basic education. Inadequate schools in rural areas, quality education, lack of teachers, poverty, high fees in schools, and poor nutrition, all affect the education system in isolated char areas. To reduce this gap between urban education and rural education system, Amal Foundation established a school for deprived children.

Ucchash School, situated in *Char Shonpocha, Bogura*, has proudly been in association with Amal for more than 6 years. This educational institution enrolls 50 students annually for primary education. Presently, the school is actively engaged in providing education to 50 children aged between 6 and 8 years old.

In addition to providing fundamental education, *Ucchash School* offers a range of additional benefits to its students. They receive complimentary medical check-ups from competent doctors within the community, ensuring their overall well-being. Furthermore, the school extends free nutritious meals, instills values of ethical behavior, and imparts knowledge about social issues such as gender inequality. Throughout the past years, *Ucchash School* students actively participated in various physical activities, celebrated important occasions, engaged in interactive learning sessions, storytelling, and a multitude of other enriching experiences.



Completed Projects

“Hope Child Friendly Space”:

Creating Child-Friendly Spaces for Nurturing Young Minds

The project initiated by Amal and Hope Humanitarian in 2018 has brought significant benefits to refugee children residing in the *Kutupalong Rohingya Camp, Cox's Bazar*. The establishment of "Hope Child Friendly Space," a dedicated school, has played a crucial role in providing educational opportunities. The inaugural session witnessed the enrollment of 70 pupils, marking the beginning of this transformative institution.

“Promise Learning Centre”:

Empowering Minds Through Education

Established in 2018, the Promise Learning Centre emerged as a collaborative effort between the Amal Foundation and "Hasmal Family" at the *Jamtoli Rohingya Camp, Cox's Bazar*. Currently, the centre provides education to 93 enrolled children, aiming to empower young minds and foster a brighter future.



“AMAL FOR EMPOWERMENT”: Empowering Community for a Better Society

Women's empowerment and autonomy, as well as their political, social, economic, and health status, are all essential goals in and of themselves. Furthermore, it is essential for achieving sustainable development. Every year, the Amal Foundation conducts and completes a number of initiatives regarding women's skill development. These projects help underprivileged women to achieve their goals by providing them with the necessary trainings to become self-sufficient.



Ongoing project

“Skill Training Centers”: A Place to be Empowered and Self-reliant

Amal offers women the resources they need to become economically and socially independent. They accomplish this by training on them fundamental sewing skills as well as other useful life skills. The Hope Skill Centre for Women's Empowerment, with locations in *Chakaria*, *Cox's Bazar*, and *Bogura Women Empowerment Centre*, is currently operating with a total of about 20 trainees. Women are learning to make a variety of clothing types in this facility. They are being trained with a view to mastering the skills of embroidered prints, block prints, quilting, and tie-dyeing, so that they would be able to support themselves and their family financially in the future.





“Child Marriage Prevention Loan (CMPL)”: A Unique Initiative to Save Girls from Child Marriage

Another project by Amal and IPDC entitled "Child Marriage Prevention Loan (CMPL)" aims to give parents of female children money so they may invest in their businesses and maintain their financial security. In addition to ensuring the families' financial security, this will enable the daughters to continue with their education. Because of their financial situation, the families would not feel obligated to marry off their daughters more quickly. 500 beneficiaries would get financial loans under the project, which they would be able to repay in monthly installments. From 2022 to 2027, the project would be carried out in the *Bogura* district areas of *Sariakandi* and *Gaboli*. Amal's goal in starting this initiative was to get people talking about the harms of child marriage. Amal is now moving into the next phase, which involves doing a baseline study of the designated locations. Loans will be disbursed to selected borrowers beginning in 2022.





**“Zakat Empowerment Project”:
A holy Initiative to Change the
Lifestyle of Underprivileged**

AMAL's Zakat empowerment project bears a very significant meaning. Its not just about helping underprivileged people with money but also make them capable so that they could be the next zakat giver.

The goal of Amal's Zakat Empowerment Project is to help the poor become financially independent. Amal has been leading the Zakat Empowerment Project for well over five years now. Many people contributed to Amal's Zakat Empowerment Project throughout Ramadan.

Amal helped over 2,500 low-income families across the country. All of the selected households are impoverished and had limited access to options that might help them change their situation. Amal provided them with access to trade (including rickshaws and sewing machines), machinery, and goats. It is intended that this plan would lessen the acute poverty of 100 Muslims by encouraging them to start their own successful businesses. Its ultimate objective is to elevate people's situations to the point that they can assist others in elevating their own.

Amal gave the villagers the goats, the sewing machines, and the shops that they now rely on to survive. After a year or six months (depending on the item), they would be granted agency to sell the goods or render the service.





Completed Projects

“Rowshan Ara Skill Center”: **A Platform for Women to Become Empowered**

Rowshan Ara Skill Center is AMAL's one of the successful initiatives that helped women to achieve economic and social independent. The Skill Centre located in *Char Shonpocha, Bogura*, reportedly had 155 pupils registered. The ladies who attend to this institute have learned how to make sarees and other clothing. They were taught a range of techniques such as tie-dyeing, quilting, block printing, and embroidered patterns. They were able to support themselves by selling their crafts because to Amal. As a direct result of their involvement in the program, women acquired financial independence in the preceding year on average. Amal aimed to empower women by offering a platform for them to address personal and family concerns in the home, social, economic, and political fields.

“Women Entrepreneurship Program”: Developing Country's Economy Through Women Empowerment

Amal Foundation, in collaboration with Lead Academy and a2i, a multinational digital transformation organization based in Bangladesh, has completed a project on "Women Entrepreneurship" with the goal of providing access to marginalized and impoverished women and assisting them in becoming future business owners. The project was designed in a way that would help the women to be involved in economic activities which would eventually play a part in country's economy. Through this project, AMAL was able to encourage women to pursue careers, and to discover their own potential. It also benefited their family and the society in which they reside, influencing future generations to consider entrepreneurship.

“Courage Skill Center”: **An Initiative for Leda Refugee Community to be Efficient**

The courage skill center was a program that trained 149 women in the Leda Refugee Camp how to sew sarees and decorate them with block printing. The trainees also made wood necklaces, bracelets, and earrings.

“Women Empowerment”: A Project to Support Women to Create a Source of Revenue

The major goal of this initiative is to empower women and create a source of revenue so they can support their families and make a living. To empower them and enable them to support themselves, 800 women were given goats.



“Project Jonaki”: A Rehabilitation Project for Underprivileged

Project Jonaki, an elderly rehabilitation program where disadvantaged senior persons who have no one to care for them are taken care of and provided the basics like food, housing, and medicine, was established in collaboration of the Amal Foundation and the Aastha Trust. 500 individuals received monthly housing and food aid from Amal in *Dacurchak, Bogura* district

“Seeds Distribution and Farming Project”: A healthy Lifestyle Choice for Rohingya Community

In order to ensure a healthy lifestyle of Rohingya refugee camp people, the women of the camp were given vegetable seeds so that they could cultivate their own gardens. This will not only provide them with nutritious and healthy vegetable but also, they could earn a decent money by selling those vegetable in the market.

“Haatekhori”: A Vocational Training Center for Youth

In collaboration with UCEP Bangladesh, Amal Foundation and Aastha Trust developed a program to offer free accommodation and meals to 14 to 16-year-olds while they attended six months of vocational training. Through this training, they developed a variety of skills that would allow them to work in any industry in the future.

“International Women’s Day”: Make Women Independent Through Empowerment

Every year, AMAL always try to celebrate international women’s day differently. This year, Amal provided 75 destitute women in *Char, Bogura*, sewing machines to help them become independent and more powerful. Amal also organized an informational workshop titled ‘Empowering Women for A Better Tomorrow’ for women who were having trouble finding a source of income. Amal’s team provided advice to those women in the session on business and financial security.

“One Shop Initiative”: Empowering Youth to be Self Sufficient

AMAL believes youth is the future leader of our country. So, empowering them means empowering a country. With this view, Amal built 50 shops for 20 female and 30 male underprivileged adolescents in *char Shonpocha, Sariakandi*. Amal assisted them with shop building so they could sell things to be self-sufficient due to their unstable financial situation.

“Auto Rickshaw Distribution”: A Project to Empower Men

AMAL doesn’t only work for women empowerment but also help men to stand on their own feet and earn a decent income for their family and themselves. With a view to that, AMAL had provided around 20 auto-rickshaws to the men in *Bogura* city so that they could provide a better lifestyle to their families.



“Rukhe Darao”: An Awareness Campaign to Solve Child Marriage

To increase public knowledge about the problem of child marriage, the Amal Foundation completed a three-part campaign in the *Bogura Char* under the name "Rukhe Darao-Awareness Campaign to Solve Child Marriage" in collaboration with the Manusher Jonno Foundation (MJF).

Beneficiaries of the initiative were inspired to increase their skill sets when it was completed. They were provided an opportunity to share their opinions throughout the project's several phases. The key issues facing the initiative were the common misconception about child marriage and the absence of measures addressing it in the local communities.





Community Development through Life Skill Training Sessions

The Amal Foundation, in collaboration with British American Tobacco Bangladesh and Prerona Foundation, launched six sessions of life skills training. Amal also established a Fellowship Programme for BATB's management trainees so they could engage in a variety of fulfilling community service initiatives and acquire first-hand experience working with BATB's beneficiaries.

Basic Literacy for Adults

Basic literacy is a program designed for those who lack fundamental educational skills. The goal of this program was to assist older uneducated persons with basic literacy in mathematics, English, and Bangla. All of the target beneficiaries were able to learn and write their names in Bangla and English, developed new words, read books or documents, and performed basic mathematics during the session.

Agriculture & Livestock Training for better lifestyle

This program was a training program through which farmers were provided with different agricultural training. The session's goal was to offer farmers with agriculture-animal husbandry skills so that they may successfully learn new techniques to incorporate into their farming and livestock processes. The initial wave of recipients got agriculture and livestock instruction, which improved their capacity to grow crops and care for animals.

Craft Training to Empower Women

This training session was mainly for the women beneficiaries. Women who participated in the program were taught sewing, stitching, and fabric crafts such as embroidery, block printing, and tie-dyeing. They received advanced knowledge on how to sew face masks, garments, and various types of fabric. Beneficiaries who successfully completed the program were assisted in establishing their own businesses and also selling their items on the Prerona Foundation's e-commerce platform.

Community Development Through Educating Youths

Increasing youths' awareness of community development, mental health, and physical health was the major objective of this program. The initial group of recipients included 15 male and female youngsters who were trained to address physical and mental health issues and encourage others to embrace healthy lifestyles. Additionally, female participants received instruction on menstruation and personal hygiene.



Awareness Campaign on Basic financial literacy and fraudulent transactions

Fraud transactions have become a very common matter in rural areas. This happens when a person who is dealing with finance doesn't have the basic financial literacy. In order to assist participants, manage their money wisely and make informed decisions, AMAL along with its knowledge partner City Alo, initiated an awareness campaign to provide sessions on financial literacy. The program has been designed for both men and wives to educate them on personal finances and household costs. To prevent and identify fraud in mobile transactions, awareness against fraudulent transactions was also incorporated into the program.

Computer Literacy and Soft Skills Training to Empower Youngsters

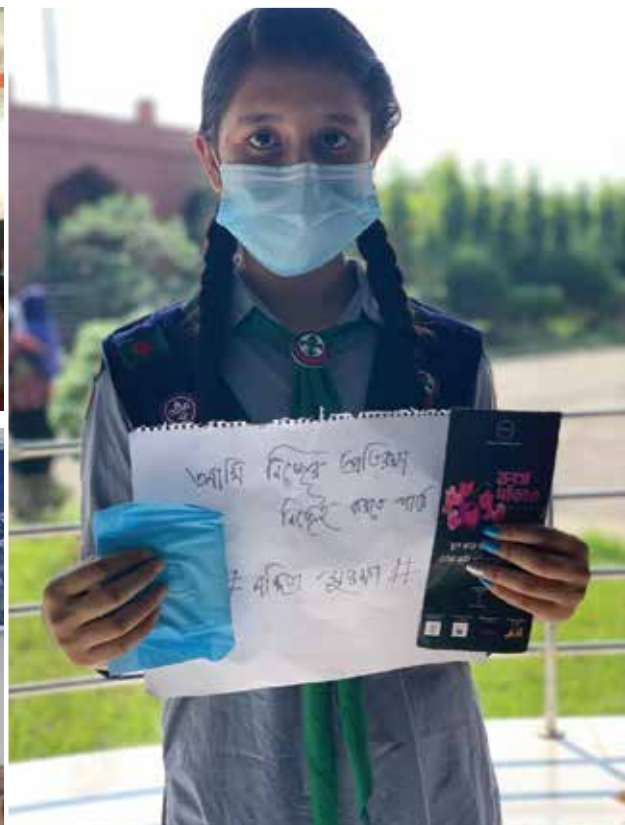
Through the teaching of computer basics to both male and female young people, this effort improved computer literacy. In this session, youth studied soft skills including communication, public speaking, critical thinking, and decision-making. The youngsters were given the opportunity to participate in a variety of contests and campaigns to improve their tenacity, resilience, and perseverance. The objective was to provide them the confidence and abilities they need to explore for further opportunities to grow and prepare ready for their future career goals.





“Lorbe Naari, Gorbe Desh”: An Initiation to Stand Against Sexual Harassment and Violence Against Women

The Amal Foundation conducted a free two-month training course on "Rukhe Darao: Lorbe Nari Gorbe Desh" with the funding of City Alo and WeDo. By giving women self-defense instruction, mental health counselling, physical health counselling, and legal advice, the project aimed to empower women to confront violence without fear and to move freely and safely with equal rights. It also aimed to raise public awareness of sexual harassment and violence against women through the BTL Campaign. This effort was successful in raising awareness of the problem of sexual harassment and violence against women in Dhaka through a citywide BTL campaign. 25 women were trained in self-defense. The session had the ability to inform participants about women's menstrual hygiene, cleanliness, indications of mental illness, and venues for talking about these issues. The program helped women understand their legal rights and advantages and gave them tools to deal with discrimination.





Community Development Through Fellowship Program

The Fellowship Program was developed for the management trainees of BATB in order to encourage them to take part in beneficiary associations and session involvement to give more back to the community with their knowledge and abilities. Through this Fellowship Program, Amal hopes to support the management trainees in gaining first-hand knowledge, exposure, and insights. In order to promote the enhanced outcome on a global platform in 2022, the Fellowship Program will continue to run three Fellowship Programs with 18 national and worldwide Global Graduates.



“Amal for Health”:

Ensuring Good Health for Everyone

Amal has been organising health camps periodically in remote areas across the country for the past five years. The camps provide health consultations and raise awareness about proper hygiene and well-being. The organisation's team of efficient doctors conducts health check-ups for the underprivileged, while Amal's team of young volunteers distributes medicines to those who need them. Additionally, Amal has partnered with "4 Billion Health" to support these camps. One such medical camp is located at *Char Shonpocha, Bogra*, where people come for health check-ups regularly. Amal has a team of full-fledged doctors to take care of the patients, and medicine partners support the organisation by providing free medicines for those who cannot afford them.

Every year, the Amal Foundation initiates and completes several health-related initiatives in distant regions throughout the nation to offer medical consultations and educate people about good hygiene and welfare.





Ongoing Projects

“Healthy Food Distribution”: Amal’s Continuous Initiative to Provide Nutritious Food for Young Minds

Food is the most fundamental requirement for survival, and we believe that children are the building blocks of a country's future. However, it is disheartening to know that marginalised children often suffer from micronutrient deficiencies that can hamper their brain and muscle development. To combat this issue, Amal has joined hands with Thrive Global to distribute nutritious meals to 50 children every year who are currently studying at Amal's *Uchchash* school in *Char Shonpocha, Bogura*. Each school day, the children are provided with a wholesome meal consisting of a hard-boiled egg or a handful of nuts, a seasonal fruit or vegetable, and a banana. Furthermore, milk is served once a week to supplement their diets. As a result of this collaboration, Amal has been able to support underprivileged children by providing them with the necessary nutrients to promote healthy brain and muscle development. The provision of healthy meals has ensured that each child receives a balanced diet, which may help reduce micronutrient deficiencies and contribute to their overall well-being.





Completed Projects

“Building Wells, Building Lives”: Transforming Lives with Sustainable Water-Well Project

Many rural areas in Bangladesh face the challenge of not having access to clean water due to the poor economy and infrastructure. This often leads to waterborne diseases that can be fatal.

Amal's "Clean Water for All" project installs deep-water tube wells and educates rural communities about the importance of safe drinking water. In August 2022, Amal installed a tube well in *Guishakhali Village, Barguna* on behalf of Sara Ahmed, providing long-term access to clean water in an area with salinity-induced unsafe surface water.

Amal's "Clean Water for All" project has provided safe drinking water to rural areas in Bangladesh by installing deep-water tube wells. This has prevented waterborne diseases, improved the health and well-being of the people, and provided a reliable source of clean water in *Guishakhali Village, Barguna*, where finding clean water is a challenge due to salinity in surface water. Around 300 people have benefited from this initiative of Amal.

“Water-Well Project” : Building Sustainable Communities

Bangladesh faces a scarcity of freshwater, particularly in low-lying lands where floods occur annually. This results in a common issue of limited access to fresh water.

To address this issue, Amal Foundation, in collaboration with donor One Ummah, took action and constructed 603 tube wells across the country. This effort aimed to provide safe drinking water and fresh water for household chores and personal hygiene to 603 beneficiary families.

As a result of the effort taken by Amal Foundation and One Ummah, 603 families now have access to safe drinking water, and their access to fresh water for household and personal use has improved. This initiative has contributed to improving the lives of these families and has played a crucial role in addressing the issue of water scarcity in Bangladesh.



“Hygiene Pack Distribution”: Improving Sanitation in Underprivileged Areas

An initiative was taken by the Amal Foundation to increase the level of health knowledge among disadvantaged families living in the *Beribadh* area of the city.

Amal Foundation took action by conducting a hygiene campaign in August 2022 for about 100 underprivileged families in the area. As a part of the campaign, health care packets containing essential items such as soap, shampoo, hand sanitizer, tooth powder, and bathroom cleaner were distributed to everyone. Additionally, the underprivileged family members were provided with various types of information to follow health awareness rules.

As a result of Amal Foundation's efforts, health awareness was increased among the 100 underprivileged families in the *Beribadh* area. The distribution of health care packets and provision of health awareness information helped improve the hygiene and well-being of the people in the community. Amal Foundation is grateful to Unilever Bangladesh Ltd. and "It's Humanity Foundation"-IHF for supporting this health awareness campaign.

“Honey Distribution Project”: Nurturing Good Health

Honey has several health benefits, but not everyone is aware of them or consumes honey regularly.

In August 2022, Amal Foundation partnered with Marico Bangladesh Ltd to initiate an awareness campaign by distributing honey amongst youngsters in various schools, madrasas, university halls, and residential hostels both inside and outside the capital city. The aim was to encourage young people to consume honey regularly and enjoy its health benefits.

About 79,500 bottles of honey were distributed, and roughly 79,500 young people throughout the country have benefited from this initiative of Amal. This campaign has raised awareness about the benefits of honey for health and encouraged people to consume honey regularly.

“Dhaka Slum Health Camp”: Transforming Lives with Good Health

The underprivileged in the Dhaka slums lack access to adequate healthcare facilities due to financial constraints, resulting in a significant health disparity. To address this challenge, Amal has held over 200 health camps within Dhaka slums. The organisation's team of efficient doctors provides free health check-ups to the underprivileged, while the volunteers distribute free medicines to those who cannot afford them.

As a result of these health camps, many people in the underprivileged communities of Dhaka slums have received medical attention and treatment that they would not have been able to afford otherwise. This has helped to bridge the healthcare gap in the area, promoting better health outcomes and raising awareness about the importance of healthcare.

“Community Health Centres”: Accessible Care for All

Amal foundation took the initiative to provide free medical aid, medicine, and nutrition-based food packs to the people living in the *Char Shonpocha*, *Bogura*, and *Khulna* areas, as well as to conduct regular hygiene counselling sessions for them.

To address this challenge, the Amal foundation built community health care centres in *Char Shonpocha*, *Bogura*, and *Khulna*. These centres provided free medical aid, medicines, and nutrition-based food packs to more than 30 thousand people in need. The foundation also organised regular sessions on hygiene counselling and provided affordable health check-ups and pathology tests to help people in these areas.

As a result of the Amal foundation's efforts, more than 30 thousand people received free medical aid, medicines, and nutrition-based food packs through the community health care centres in *Char Shonpocha*, *Bogura*, and *Khulna*. Additionally, the regular hygiene counselling sessions and affordable health check-ups and pathology tests helped to improve the health and well-being of the people in these areas.





“Our Successful Dental Health Camp”: Preventing Dental Problems

In *Rayer Bazar, Adabor, Dhamalkot Adarsha High School*, and the *Bhashantek slum in Mirpur, Dhaka*, Amal Foundation’s goal was to offer free dental consultations to kids who might not otherwise have access to dental care.

Amal organised a Dental health camp in these areas, providing free dental consultations to children. The organisation’s team of efficient dentists conducted thorough check-ups, identifying dental problems and providing appropriate treatments.

As a result of Amal’s efforts, over 1000 children received free dental consultation and treatments in *Rayer Bazar, Adabor, and Dhamalkot Adarsha High School, Bhashantek slum in Mirpur, Dhaka*. This initiative helped raise awareness about dental hygiene and also provided access to essential dental care to children who may not have had the means to receive it otherwise.

“School Based Health Camps”: Improving Student Well-Being

Children in *Char Shonpocha, upazila Sharia Kandi*, may lack access to appropriate healthcare. Amal’s objective is to deliver free health checks and medicines to the students of *Uccash School* - built by the organisation.

Amal organises monthly health camps in *Uccash School* to provide free health check-ups and distribute medicines to the children attending the school.

Due to the monthly health camps arranged by Amal, the children at the school receive regular medical attention, and their health and well-being are being taken care of. This initiative helps to improve the overall health of the children in *Char Shonpocha*, leading to a healthier and more productive community.

“Free-Floating Health Camps”: Improving the Health of Flood Victims

Floods frequently occur during the monsoon season in *Sirajganj zila* and *Saria Kandi upazila*, affecting the local population. The flood victims’ agony is unimaginably severe.

The organisation organised health camps in these areas to provide basic treatment with medicine and nutrition to the flood victims.

As a result of these efforts, more than 10,000 flood victims were able to receive basic treatment and nutrition during the monsoon season every year in *Saria Kandi* and *Sirajganj*. This helped improve their health and well-being, and provided some relief during a difficult time.

“Clean Water Project”: Providing Safe Drinking Water in Various Districts of the Country

Clean water scarcity is a major global issue that affects many people, including those living in Bangladesh. The country is located in the delta of three major rivers, which makes it vulnerable to water-related disasters such as floods, cyclones, and riverbank erosion. The challenge that Amal aimed to tackle was to provide access to clean water in various districts of the country.

Amal took the initiative to implement a clean water project, which involved the construction of over 300 tube wells all over the country.

As a result of Amal’s clean water project, over 3 million people in various districts of the country, such as *Mymensingh, Sylhet, Hobigonj, Sunamgonj, Moulvibazar, Srimongol, Bogura, Sirajganj*, and others, now have access to clean water. This has greatly improved the health and well-being of the local communities and has provided a sustainable source of safe drinking water.





“Ijtema Health Camp”: Free Medical Care for All

Bishwa Ijtema takes place in Bangladesh, and thousands of people gather from all over the country and from outside the country. In this grand event of 3 days, many devotees may fall ill, which may turn serious if not treated immediately.

Amal took the initiative to organise a healthcare camp during *Ijtema* and provided free healthcare to around 1200 beneficiaries between the ages of 14 and 70.

The result of Amal's effort was that 1200 people were able to receive healthcare services for free, which ensured good health for the beneficiaries.

“Health & Hygiene Camp with Savlon”: Building a Healthier Future for Women

Deprived women often face a range of challenges that can affect their health and hygiene, such as limited access to clean water and sanitation facilities, lack of education about personal hygiene practices, and inadequate healthcare services. As a result, they may be at higher risk of infections, reproductive health issues, and other health problems.

In collaboration with Savlon, Amal conducted a hygiene camp in these areas, which provided hygiene assistance to 1000 women.

As a result of this collaboration and hygiene camp, 1000 women in *Char Shonpocha, Sariahandi, Bogura* and *Mirpur-2, Dhaka* were able to receive the hygiene assistance they needed.

“Prosthetic Limbs & Wheelchair”: Providing Life-Changing Mobility to Physically Impaired People

Physically impaired underprivileged people often face a range of challenges and obstacles that can impact their quality of life. These challenges can make it difficult for them to access the resources and opportunities they need to lead fulfilling lives.

The organisation took action by providing 560 wheelchairs and 950 prosthetic legs to these individuals.

As a result of the organisation's efforts, underprivileged individuals with physical impairments were able to receive the necessary equipment to improve their mobility and quality of life. The provision of 560 wheelchairs and 950 prosthetic legs allowed them to move around more easily and engage in daily activities, leading to a more fulfilling life.

“Soap Distribution for Street Children”: Clean Hands, Hopeful Futures

When hands are not washed properly, they can become contaminated with harmful pathogens, such as viruses and bacteria. Touching contaminated surfaces or objects can then lead to the spread of diseases, such as colds, flu, and foodborne illnesses. Poor hand hygiene can increase the risk of infections, particularly in vulnerable populations, such as children, elderly individuals, and those with weakened immune systems.

To address this challenge, the organisation distributed more than 1500 soaps to street children in a campaign. This action was taken to encourage and promote handwashing as a healthy habit among street children.

As a result of this campaign, more than 1500 street children were provided with soaps to encourage hand washing, which could potentially reduce the spread of diseases caused by poor hygiene. The campaign would also have raised awareness about the importance of handwashing among street children and encouraged them to adopt this healthy habit.

“Sanitation Project”: Promoting Healthy Living Through Sanitary Latrines

The lack of proper sanitation can have far-reaching negative effects on both individuals and communities, affecting health, economic well-being, and social and cultural norms. The people in the villages of *Chukainagar* river island and *Sonatola, Bogura* did not have access to proper sanitation facilities.

To address this challenge, Amal Foundation took the initiative to build five sanitary latrines in these villages.

As a result of this initiative, now 50 families have access to sanitary latrines and can lead a healthier lifestyle.



“Health and Nutrition Bangladesh Water-Well Project Phase 14”: Empowering Communities with Clean Water

Access to safe drinking water, proper sanitation, and hygiene is a fundamental right, but many communities in Bangladesh lack access to it. This can lead to the spread of infectious diseases, making it a significant public health challenge.

Amal took action to address this challenge by building 2455 water wells in underserved communities across various regions of Bangladesh, including *Bogura, Sirajganj, Nilphamari, Gaibandha, Faridpur, Habiganj, Chandpur, Comilla, Rajbari, Cox's Bazar, Barguna, and Naogaon*. In 2021, Amal built 100 additional water wells in North Bengal (*Bogura and Rajbari*), funded by One Ummah, under the Bangladesh Water-Well Project Phase 14. This initiative ensured access to safe drinking water and improved sanitation, which is vital for the overall well-being of communities.

As a result of Amal's efforts, deprived communities in Bangladesh now have access to safe drinking water and improved sanitation through the establishment of water wells.

This has improved water, sanitation, and hygiene services in households and communities, preventing the spread of water-borne diseases. In addition, community awareness of safe drinking water has been raised through health and hygiene sessions. With the construction of 2555 water wells, Amal has made significant progress towards achieving its goal of ensuring access to safe drinking water and sanitation for all.

“Providing Quality Healthcare”: An Initiative to Promote Healthy Lifestyle

The onset of the pandemic created a need to raise awareness about proper health and hygiene among the general public. Specially it was very important to make the village people health conscious during the Covid-19 pandemic.

Amal Foundation and Augmedix took action by opening a Health Care Centre in *Char Shonpocha Sariaikandi Bogura*, with the aim of providing healthcare services to the population. Professional doctors and volunteers were engaged to provide health care services and distribute free medicines. More than 1,000 patients were provided healthcare services, and around 550 patients were given advocacy regarding healthcare and hygiene to improve their lifestyle habits.

The Health Care Centre's initiative was successful in providing healthcare services to the population and creating awareness about proper health and hygiene practices. More than 1,000 patients received professional health care services, and 550 patients were made aware of the importance of adopting better lifestyle habits. The free medicines that were distributed also helped the patients improve their health condition.



“Health and Hygiene Camp in Ucchash School”: A Step Towards a Better Tomorrow

The lack of proper personal hygiene practices can have far-reaching negative effects on both individuals and communities, affecting health, economic well-being, and social and cultural norms. It is essential to promote good personal hygiene practices, particularly among children and women, to prevent the spread of diseases, improve overall health and well-being, and promote positive social and cultural norms.

To address this challenge, the AMAL Foundation organised a health and hygiene camp in *Ucchash School Campus, Char Shonpocha, Sariakandi Upazila, Bogura*. The camp was designed to provide regular health checkups and create awareness about health among students and locals. The camp was conducted by two activists, Ly Nguyen and Jessica, based in the United States of America.

The health camp organised by the AMAL Foundation proved to be highly effective in tackling the issue of enhancing personal hygiene among children and women in the area. The camp diligently conducted regular health checkups and successfully raised awareness about crucial health and hygiene practices among 50 students from *Ucchash School* and approximately 100 women residing in *Char Shonpocha*. The notable presence of two dedicated activists from the United States greatly enriched the camp's impact, significantly contributing to the attainment of its overarching objectives.

“Women's Reproductive Health Education”: Breaking the Taboo

Comprehensive reproductive health education is crucial in promoting the health and well-being of women and their families, reducing the incidence of preventable illnesses and deaths, and advancing gender equality. Unfortunately, many marginalised and underprivileged women in Bangladesh are hesitant to seek such vital education, leading to various reproductive health challenges.

Amal Foundation and LETS jointly organised a session to inform and empower individuals, particularly men and women in rural areas of Bangladesh, through proper essential reproductive health education. The session was conducted by Becky Holderness, Tilton Operations Head of LETS, and AMAL Foundation's Director Esrat Karim Eve. The session was held at Amal's Women Empowerment Center located in *Bogura Sadar*.

In collaboration, the Amal Foundation and LETS organised a joint session with the objective of addressing the prevalent issue of low awareness regarding critical reproductive health in Bangladesh. The session sought to empower individuals, specifically the 30 trainees of Amal's women skill centre in *Bogura*, by providing essential reproductive health education that would enable them to take charge of their reproductive health.





“Amal for Emergency”: Providing Immediate Response to those in Need

Emergency Response Projects are successful humanitarian interventions in locations where they are most needed. It sought to make the situation of those who were involved in a catastrophe or conflict. Amal steps up every year to support groups or people that are most negatively impacted. Saving and defending those who have been afflicted by tragedies is Amal's crucial role.

We make the most of the chances to speak with locals during the acute stage of emergencies to learn about their needs, hear their suggestions for reestablishing their communities, and develop plans. We establish plans for the enhancement of water supply and sanitation, the reconstruction of homes and public structures, and the restoration of lives and livelihoods based on this need analysis and collaboration with the community. Amal has so far built 630 water wells in drought-affected areas during the past five years, giving the less fortunate access to clean water. Winter kits, which include blankets, sweaters, and other necessities to protect them from the cold and wind outside, are annually distributed to thousands of underprivileged people.

The provision of relief, such as food and medicine, to victims of fires and floods, thus supports them. By giving them tin and assisting them in rebuilding their lovely homes and making even lovelier memories, we have also assisted the individuals who have lost their homes as a result of these catastrophes. We also organize health clinics for the victims, where our capable group of medical professionals and volunteers give them health checks and provide medication.



“Flood Aid Support”: Building Hope, Restoring Lives, and Strengthening Communities in Times of Crisis

Bangladesh is a country of rivers with an area of about 147,000 sq. km.; the environment and livelihood of 150 million people are mainly dependent on rivers and their resources. The country is part of the Bengal Delta. There are 230 rivers in Bangladesh. The types of floods we face in Bangladesh is Flash flood, Flood due to local rainfall, River flood, and Coastal flooding. From 2015 Amal Foundation every year supported the flood victims.

We have provided Dry ration packs, hot meals, hygiene kit packs, Health treatment through doctors, etc. After the floods, we built Houses for the victims who lost houses in the floods. Also, we have provided house-making materials to repair damaged houses. We have covered Bogura, Sirajganj, Tangail, Dinajpur, Habiganj, Sylhet, Sunamganj, and Jamalganj districts under the emergency Flood aid support projects. We have provided aid support to more than 50 thousand beneficiaries directly and indirectly.



“Winter Care Initiative”: Spreading Comfort, Kindness, and Protection During the Winter Seasons

Since 2015 every year Amal Foundation working for the underprivileged community in the winter season. Every year we have been providing blankets, warm clothes, quilts, sweaters, mufflers, and winter kit packs (lotion, petroleum jelly, honey, Coconut oil, etc.).

Under the winter aid project, we have supported 200,000.00 beneficiaries in Bogura, Naogaon, Sirajganj, Nilphamari, Jessore, Patuakhali, Gopalganj, Faridpur, Habiganj, Lalmonirhat, Kurigram, Cox's Bazar, Rangpur, Comilla, Khulna, Sunamganj, Rajbari, Natore, and Chandpur districts.



“Project Refuge”: Rebuilding Rohingya Lives

Amal Foundation started to work with Rohingya refugees in September 2017. Since that time Amal Foundation has done many projects for Rohingya refugees like Houses, Bathrooms, Toilets, Mosque, Schools, Skill centers for women, Ration packs, Hygiene kit packs, Winter kit packs, Ramadan food packs, Hot meals, Ifter packs, Eid gift packs, Toys, Qurbani, Health camps, Clean water, and Orphan rehabilitation.

Amal Foundation is always concerned about the refugees' development and improving their lifestyles. In the Rohingya refugee projects, we are partner with many international organizations. Our partners are One Ummah, Thrive, Hope Humanitarian, Muslim Aid, and AR-Rahman Trust. Amal Foundation thanks their partner for their kind support.



“Project Unity”: Solidarity and Aid for Covid-affected Communities'

As the coronavirus pandemic spreads, many countries are taking non-therapeutic precautions such as travel bans, remote office operations, country lockdowns, and, most crucially, social isolation. These efforts, however, meet difficulties in Bangladesh, a lower-middle-income country with one of the world's densest populations. Distancing from society is difficult in many parts of the country. Amal Foundation started the work at the beginning of the covid outbreak. We have installed mobile hand wash centers in different locations of Dhaka city. After the full lockdown of the country, we have started distributing ration packs all over the country. We have distributed 20950 ration packs and 20000 masks in Bogura, Naogaon, Sirajganj Nilphamari, Jessore, Patuakhali, Gopalganj, Faridpur, Habiganj, Lalmonirhat, Kurigram, Cox's Bazar, Rangpur, Comilla, Khulna, and Bagerhat.

“Fire Revive”: Immediate Assistance for Fire-Affected Areas

150 Hindu families live in Majirpara village, Ramnathpur union, Pirganj Upazila, Rangpur district. There was an arson attack carried out on this Hindu Community. Many families lost their shelter, food, cattle, etc. in that emergency crisis, Amal Foundation distributed dry food support to the suffering families.

A devastating fire in Mirpur-12 Slums has left over one thousand houses burnt, further exacerbating the hardships faced by an already impoverished community. In response, the Amal Foundation took immediate action and went to Mirpur to assess the situation firsthand. Witnessing the level of destruction and despair, particularly among the children, was truly heartbreaking. To provide immediate relief, Amal Foundation distributed dry food and medicine among the slum people.



Community Awareness Drama

in Response to

Plastic Pollution

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“Amal for Environment”: Nurturing the Nature for a Better Future

Climate change, natural disasters (lightning, cyclone, flood, flash flood, drought, earthquake, riverbank erosion, sedimentation), geospatial environment, and environmental pollution (air, water, soil, and noise pollution) are the main environmental issues and problems in Bangladesh. The number of people impacted by natural disasters is supported by Amal. The Foundation has contributed to the environment through different initiatives in addition to offering help.

"Sustainable Transitions to End Plastic Pollution (STEPP)": Empowering Communities for a Plastic- Free Future

Addressing the challenges posed by plastic pollution and insufficient waste management infrastructure in cities of the global south, Project STEPP recognizes the urgent need to protect the environment and create a sustainable future. Plastic waste poses a significant threat to ecosystems and creates imbalances in the natural environment. Inadequate waste management systems lead to plastic trash "leakage," causing pollution and environmental degradation. The challenge is to find practical strategies to support urban sustainability transitions in cities such as Sylhet, Bangladesh, and Nairobi, Kenya, where plastic pollution is rampant. Project STEPP, a collaboration between the Amal Foundation and the University of Portsmouth, takes a proactive approach to tackle the issue of plastic pollution. By focusing on circular economy principles and education, the project aims to develop a deeper understanding of sustainability transitions and disseminate this knowledge to city inhabitants and leaders in the global south. Through targeted initiatives, such as distributing informative pamphlets and hanging posters, the project engages with the public, raising awareness about the need to eliminate plastic pollution and address climate change. Structured interviews and focus group discussions involving slum residents of Sylhet foster dialogue, allowing community members to share their concerns and challenges. The Climate Warrior Project, under the guidance of the Amal Foundation, has successfully made strides toward a sustainable future in Bangladesh. By distributing 250 pamphlets and displaying 120 posters, the project has effectively spread awareness about plastic pollution and

climate change. Engaging with 455 slum residents through structured interviews and facilitating a focus group discussion with 278 residents has allowed the project to understand their concerns and gather valuable insights. Amal Foundation's commitment to improving the lives of impoverished citizens and fostering equality for all aligns with its vision of a prosperous nation. With continued efforts and collaboration, the project envisions a world where every individual, regardless of gender, has equal opportunities and rights. The ultimate goal is to create sustainable neighborhoods that are secure, healthy, and prosperous while ensuring that Bangladesh and other cities in the global south achieve successful urban sustainability transitions and effectively combat plastic pollution.

"Trash Bag Challenge": Taking Action Against Plastic Pollution

Amal Foundation has organized a campaign to collect trash. In this campaign, our volunteers collected 50kg of trash and destroyed them. This is our little initiative to clean our environment from plastic pollution and to create awareness about environmental pollution. We plan to organize this kind of campaign frequently





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NGO With A Sustainable Development Mantra